

BRAZIL - COMPETITION REGULATION

The 3rd "America Cup of Adventure Running 2021 - Brazil" will be held on 18-19-20 / June / 2021, at "SESC of Formosa beach", municipality of "Aracruz", State of "Espírito Santo" (ES), Brazil. The Americas Champions of Adventure Running 2021 will be declared by FCCA and CBCA, through the result to be published on their respective official websites: www.fcca.org.br and www.cbcaventura.org.br.

INVITATION

Foreign teams classified in the year 2019, due to a pandemic in 2020, or 2020 if they have a ranking, in the national championships / national ranking of each country, are invited to compete in the "America Cup of Adventure Running 2021 - Brazil", by the respective countries or through of official or representative entities, in the 3 categories: "Mixed Quartet", "Double Male" and "Mixed Double".

The number of vacancies per confederation or country to participate in the America Cup of Adventure Running will be at least 2 (two) teams in each category. The maximum number of places per confederation or country will be defined equally by the event organization, depending on the demand (available places).

The FCCA / CBCA may redistribute the remaining vacancies at its discretion.

The 3rd (third) edition of the "America Cup of Adventure Running 2021 - Brazil", is limited to a maximum of 120 competitors, at first 15 places for Mixed Quartet teams and 30 places for Double (male or mixed) teams. These vacancies may be relocated from one category to another by the organization of the event, depending on the demand of each category.

Rule for Brazilian teams: Only the 5 (five) best Brazilian teams registered in the "SPOT Brazilian Circuit of Adventure Running 2021 - FCCA/ES Stage" will be competing together with foreign teams, according to the Ranking of the "SPOT Brazilian Circuit of Adventure Running 2019", of each category, available at link <https://www.rbca.com.br/spot/2019/>.

From 05 / June, the FCCA / CBCA may increase the number of vacancies for a country that requests more than 2 vacancies per category, no longer guaranteeing the equity of vacancies offered for each country.

Registration will end on June 15, 2021, at 11:59:59 pm, time for sending the email to fabiovarg@gmail.com with the completed registration form and the scanned payment receipt.

REGISTRATION (with amounts subsidized by FCCA / CBCA)

Registration free for any foreign team, who can confirm their registration directly with the organization by the informed email. Registrations will be confirmed according to the chronological order, up to the limit of vacancies informed. Due to the Covid-19 pandemic,

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in this edition of the America Cup of Adventure Running 2021, no selection will be made for registration through the national ranking of each participating foreign country, established by their respective national entities.

Each country on the American continent, through its representative entity of the sport "Adventure Running", may (it is not mandatory) define a national ranking of its teams from the previous or current year or the last national ranking determined, and assist and conduct the registration of the teams by email, as detailed below, using the form "Registration Form", Annex I (Portuguese, Spanish and English version) of this regulation, by **email fabiovarg@gmail.com** .

Each category will have its own specific ranking, separated as "Mixed Quartet", "Men's Double" and "Mixed Double". At the discretion of the organizer, the two categories of Double may be replaced by a single category called "General Double".

CATEGORIES:

- _ Mixed Quartet;
- _ Men's Doubles;
- _ Mixed Doubles;

The classified or registered teams will be defined by the name of the team with which they played the qualifiers during the year, regardless of who the athletes are. It will not be allowed to change the original name of the team. It will be allowed to add new names to the original team name.

If any team changes a member of the team, the team or its representative entity must update the "Registration Form" (Annex I) and send it by email until the deadline for closing the registrations, already informed.

Each category will have its specific ranking.

All teams will score for the 2021 of America Cup of Adventure Running ranking, even if they have received a cut, only failing to score if disqualified.

The **Individual Registration VALUE** has 2 (two) options:

- _ Inclusion of 2 (two) nights with breakfast at SESC / Aracruz (venue of the event) in a double room, with air conditioning and exclusive bathroom, and roundtrip transfer, "VIX" airport and venue (SESC Aracruz) in standard tourist buses and an exclusive truck for transporting bicycles and equipment: R\$ 390.00 (three hundred and ninety reais), currently equivalent to U\$ 75.00 only for competitor (seventy-five US dollars);
- _ Only without the stay (without daily rates) in the double room of the SESC Aracruz, but included the rest, roundtrip transfer, "VIX" airport and venue (SESC Aracruz) in standard tourism buses and exclusive truck for transporting bicycles and equipment: R\$ 230.00 (two hundred and thirty reais), currently equivalent to U\$ 44.00 (forty four US dollars);

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PAYMENT

First - Make the payment (deposit / transfer / TED / PIX) directly in the FCCA bank account: **BANESTES** bank **021** code , AGENCY number **0044** , ACCOUNT number **29.088.564**, remembering that the identification number of FCCA entity is its CNPJ "08.398.227/0001-49" and the PIX payment form is the CNPJ "**08398227000149**";

For American team, the payment can be done in dolar by "Zelle" to email "**fabio.viptrade@gmail.com**".

2nd - Send an email to **fabiovalg@gmail.com** with a copy to **contato@fcca.org.br** with the "Registration Form - Annex I" fully completed, and proof of payment, and attach both in the email (in PDF / JPG / IMG / PNG).

Note: If any foreign team finds it difficult to make the payment in the informed bank account, they must then send the proof of airfare of each member to the airport "VIX" (Brazil, ES State), and make the registration payment at checkin, on 18 / June , Friday, in cash and in Reais (R\$).

IN CASE OF REGISTRATION BY CONFEDERATION / NATIONAL ENTITY

Confederations or national entities, which have teams willing to participate, must follow the published procedures and present the documents requested by CBCA within the pre-established deadline for registration.

The national confederations or entities, in this case, will be responsible for summoning their classified teams and confirming to the organization the presence of these teams for this competition, sending to the organization by email, the list of teams classified by their Countries and respective "Registration Forms "(Annex I), as informed in this Regulation.

AWARDS

Podium from 1st Place to 5th Place by CATEGORY:

- _ Mixed Quartet - Personalized trophy and individual gift;
- _ Men's Doubles - Personalized trophy and individual gift;
- _ Mixed Doubles - Personalized trophy and individual gift;

Every athlete will receive a medal for participation, exclusive to the event.

A cash prize may be offered by surprise, at the discretion of the organization.

As the organization subsidized the registration fee, at first there will be no cash prize, since the purpose of the FCCA and CBCA is to facilitate the coming of foreign and brazilian teams, to promote the international exchange of Adventure Running teams, and of our own sport at the international media level.

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ROUTE

The route will be between 150 km to 180 km distributed, depending on the type of route and altimetry, in Mountain Bike, Canoeing, Trekking, Rappel and Guidance by colored topographic map on canvas, and there may be other special events besides these such as launching a bow and closing an indigenous target. The organizer will provide the rappelling equipment for the athletes. But they will be able to bring their own abseiling equipment.

REGULATION

Teams must follow the Competition Regulation of "America Cup of Adventure Running 2021" and its Annex II - CBCA Guidelines.

Obs. The confederations or entities of each country must observe item V - Mandatory, Suggested and Prohibited Equipment in Annex II. Foreign national entities, in consensus with the CBCA, may change some items or rules of their National Championships regulations to better satisfy them, but always maintaining the list of minimum equipment and activities carried out within the Safety Standards of ARWS, ABNT, UUIA or CE.

EQUIPMENT

- _ The OARS will all be provided by the organization, and they will not be able to use their own oars;
- _ The team's support box is limited to 60 liters, and must be closed and identified with the team's name, when delivering the organization at the checkin;
- _ The purse, bag or bag of life jackets must be closed / sealed and identified with the name of the team, when delivering the organization at the checkin;

SCHEDULE

- **08/June** - Registration opens - www.fcca.org.br and email;
- **15/June** - Closing date Registration at 23:59:59 h;
- **18/June - 10:00 h to 14:00 h** - Receptive airport, boarding the equipment in the truck (s) and boarding the athletes on the "Mutum Preto" tour buses. Estimated departure of the first bus at 12:00 h or earlier, if it has the appropriate capacity, for the organization, and expected departure of the second bus at 14:00 h, or earlier, if all teams confirmed by the airport "VIX "are already arrived. If you need a third bus, it will also leave at 14:00 h;
- **18/June - 13:00 h to 18:30 h** - Main Reception of SESC Aracruz - Registration of entry and release of rooms;
- **18/June - 13:00 h to 18:00 h** - Equipment checkin and receipt of boxes and vests of the teams, and Delivery of the Kit (Shirt / Nameplate / Topographic Chart / Race-book) - Location: Area access (in front) to the entrance to the main auditorium / event hall of SESC Aracruz;
- **18/June - 19:00 h to 20:00 h** - Opening and Presentation Ceremony with Indigenous dance;
- **18/June - 20:00 h to 21:00 h** - Technical Congress;
- **19/June - 06:00 h to 06:50 h** - time for the athletes' breakfast;

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- **19/June - Saturday - 07:00 h** - Start in the arena / porch mounted inside the SESC Aracruz - Patio next to the main restaurant and swimming pool area - access to gate 2. (Maximum limit for starting late 07:30 h);
- **20/June - Sunday - 13:00 h** - Closing of the race. The cuts in the route will be established in the race-book of the respective Control Posts - Person. Maximum test time 30 h;
- **20/June - Sunday - 12:00 h to 15:00 h** - Time to return the bikes, boxes and bags of vests to the athletes to receive their bikes and rest, eat and recover for the Award ceremony; and for the organization, the collection of PCs (time controls) and calculation of results.
- **20/June - Sunday - 13:00 h to 17:00h** - Opening of the truck (s) to place the packed bikes and equipment (closed boxes), as well as opening of the Buses to place the objects and equipment (for whom came by plane);
- **20/June - Sunday - 15:00 h to 17:00 h** - Award of the "America Cup of Adventure Running 2021", followed by the award of the "Brazilian SPOT Circuit of Adventure Running 2021 - Stage FCCA/ES", and thirdly, the "Capixaba Adventure Racing Championship 2021 - 2nd. Aracruz Stage" award, and Closing of the event;
- **20/June - Sunday - 17:15 h** - Departure of buses and truck (s) to the airport "VIX" in Vitória / ES;
- **20/June - Sunday - 18:30 h** - Arrival time of buses and truck (s) at the airport "VIX" in Vitória / ES. Remember that it takes a certain amount of time for all the teams to remove their equipment and belongings from the vehicles, and then enter the checkin area of the airport;
- **20/June - Sunday - 13:15 to 17:15** - Disassembly of the Arena and closing of the Event.

COMPETENCES OF THE ORGANIZATION - FCCA

The FCCA will be responsible for the decisions of the "America Cup of Adventure Running 2021" along with the race direction.

CBCA directors may participate or supervise the FCCA event.

FCCA will provide all the necessary infrastructure for the event.

The registered teams will have the airport transfer "Vix" x Venue of the Event (Aracruz), round trip, free of charge (included in the registration).

The 2-night stay at the SESC Aracruz apartment, with breakfast included, will be included in the registration, as long as the team has paid the amount related to this option, within the schedule defined and disclosed by the organization, and the team must bear the costs. other expenses such as meals, airline tickets and accommodation outside of schedule, etc.

GENERAL PROVISIONS

As of 05 / June, the remaining vacancies may be offered at the discretion of the organizer, for any country, even if some have a lower number of participating teams in relation to other countries, and the confirmation of the team will be in chronological order by email with the "Registration Form".

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ANNEX I - REGISTRATION FORM - MIXED QUARTET

| | |
|-------------------|--|
| Team: | |
| Country / Origin: | |
| Sponsors: | |

CAPTAIN – MEMBER 1

| | | | | | | |
|--------------|---|---------------------|---|-------------|--|----------------|
| Name: | | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passaport: | | |
| Address: | | | | | | |
| City: | | | | State: | | Postal Code: |
| Phone/Cel.: | / | | / | | | |
| E-mail: | | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | | |
| | | | | | | |
| | | | | | | |

MEMBER 2

| | | | | | | |
|--------------|---|---------------------|---|-------------|--|----------------|
| Name: | | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passport: | | |
| Address: | | | | | | |
| City: | | | | State: | | Postal Code: |
| Phone/Cel.: | / | | / | | | |
| E-mail: | | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | | |
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MEMBER 3

| | | | | | | |
|--------------|---|---------------------|---|-------------|--|----------------|
| Name: | | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passport: | | |
| Address: | | | | | | |
| City: | | | | State: | | Postal Code: |
| Phone/Cel.: | / | | / | | | |
| E-mail: | | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | | |
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MEMBER 4

| | | | | | | |
|--------------|---|---------------------|---|-------------|--|----------------|
| Name: | | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passport: | | |
| Address: | | | | | | |
| City: | | | | State: | | Postal Code: |
| Phone/Cel.: | / | | / | | | |
| E-mail: | | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | | |
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ANNEX I - REGISTRATION FORM - DOUBLE

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|-------------------|--|
| Team: | |
| Country / Origin: | |
| Sponsors: | |

CAPTAIN – MEMBER 1

| | | | | | |
|--------------|---|---------------------|-------------|--------------|----------------|
| Name: | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passaport: | |
| Address: | | | | | |
| City: | | State: | | Postal Code: | |
| Phone/Cel.: | / | / | | | |
| E-mail: | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | |
| | | | | | |
| | | | | | |

MEMBER 2

| | | | | | |
|--------------|---|---------------------|-------------|--------------|----------------|
| Name: | | | | | Sex: M() F() |
| Birth date: | | Age: | | Passaport: | |
| Address: | | | | | |
| City: | | State: | | Postal Code: | |
| Phone/Cel.: | / | / | | | |
| E-mail: | | | Profession: | | |
| Blood Group: | | Sports Experiences: | | | |
| | | | | | |
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ANNEX II - CBCA GUIDELINES - BRAZILIAN ADVENTURE RUNNING CONFEDERATION

CBCA - BRAZILIAN ADVENTURE RUNNING CONFEDERATION, according to its attributions, defined in its Charter, decides to create the CBCA GUIDELINES, in the following terms.

I. DEFINITIONS

REFEREE - person chosen by the CBCA responsible for ensuring compliance with these guidelines and the proof regulation by all involved in the event, applying penalties and settling any controversy resulting from its application.

AT - Transition Area - is the location designated by the ORGANIZER or ORGANIZATION of the race, determined by coordinates or plotted on the race map, to change the mode.

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BRIEFING - set of information made available by the EVIDENCE DIRECTOR to everyone involved in the event. It can be carried out in person or virtually.

CHECK IN - It is the reception of the athlete or team by the ORGANIZATION or ORGANIZER to participate in the race.

CUT - alternative route applied to the athlete or team that does not reach a specific PC within the established period.

SCHEDULE - prediction of dates and times for the performance of the activities performed during the race.

EVENT - period that begins with the reception of the athletes by the ORGANIZATION or ORGANIZER ends with the official closing of the race.

TEST DIRECTOR - is the individual linked to the ORGANIZER or the ORGANIZATION of the adventure event responsible for the smooth running of the event, coordinating all personnel working on the event, ensuring safety, compliance with the rules and an environment of fair competition. It is also his responsibility to organize and disseminate the test results. If an arbitrator is not appointed by the CBCA, the race director will accumulate his duties.

SUPPORT TEAM - People authorized by the ORGANIZER or ORGANIZATION to assist the Athlete or Team in the TRANSITION AREAS or other place authorized by the former.

PROOF FISCAL - employee of the ORGANIZATION or ORGANIZER, responsible for ensuring that these guidelines and the proof regulation are being complied with by the participants.

ARRIVAL LINE - place defined by the ORGANIZER or ORGANIZATION to consider that the athlete or team has completed the race.

ORGANIZER OR ORGANIZATION - is the natural or legal person responsible for carrying out adventure events.

PC - Post or Control Point - is the place designated by the ORGANIZER or ORGANIZATION of the race, determined by coordinates or plotted on the map, for marking passage through the corridor or team.

RACEBOOK - Document containing the description of the PCs, the modalities that must be practiced during the route between them, safety instructions, changes of modality, cutting forecasts and may contain information about infrastructure and logistics, as well as other information that the ORGANIZER or ORGANIZATION deems pertinent.

TEST REGULATION - specific rules for the event, stage or circuit, to be released by the ORGANIZATION or ORGANIZER.

STAFF - employee of the ORGANIZATION or ORGANIZER, who works at the event.

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II. APPLICATION OF THE CBCA GUIDELINES

1. The CBCA GUIDELINES must be used and observed by the ORGANIZATION of any event, stage or circuit that punctuates in the CIRCUIT of CBCA and COPA BRASIL.
2. These GUIDELINES are the minimum rules to be demanded for the events participating in the CIRCUIT CBCA, and the ORGANIZATION of the event may add requirements according to the needs of the route and the conditions proposed for each event, as long as they do not conflict with those provided for here.
3. The ORGANIZATION may not suppress, decrease or disregard any requirement contained in these GUIDELINES.
4. The ORGANIZATION may suppress, decrease or disregard any requirement contained in these GUIDELINES only for the tests, stages or circuits that do not have a score on the CBCA and COPA BRASIL CIRCUIT, in which case the CBCA recommends observing the requirements as required by the route conditions proposed for each event.
5. The ORGANIZATION must disclose these GUIDELINES together with its own regulation, as provided for in item 2, at least 15 days in advance of the date scheduled for the athletes' CHECK IN.

III. EVENT ORGANIZATION

6. The race ORGANIZATION is responsible for:
 - a. obtain the licenses and authorizations pertinent to the test from the public organs and private properties;
 - b. hire and pay all suppliers and personnel who will work before, during and after the event;
 - c. hire Personal Accident Insurance to cover all people involved in the event, including athletes and staff, whose policy must be valid and available for consultation, by the CBCA or any public authority, with the ORGANIZATION or ORGANIZER at the opening of the event, which may be disclosed in digital media, together with the TEST REGULATION.

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7. The ORGANIZATION or ORGANIZER must answer for any and all demands related to the event.

8. THE EVIDENCE DIRECTOR is responsible for:

- a. take all decisions regarding the best possible execution of the test;
- b. decide on course changes and the execution of the race's modalities;
- c. perform the briefing;
- d. ensure the execution of the race schedule;
- e. ensure the safety of all and, if necessary, activate rescue teams during the race;
- f. to ensure mutual respect between the participants, STAFF and other people directly or indirectly involved in the event;
- g. to care for the environment and nature.

9. THE TEST DIRECTOR and his cell phone number must be identified on the MAP and RACEBOOK of the event, as well as in the BRIEFING act. Optionally, other numbers related to the security of the event can be identified as well.

10. The decisions of the EVALUATION DIRECTOR with any impact on the classification must be substantiated and justified in writing, and the justification may be disclosed together with the result of the test.

11. Any communication regarding the alteration of the race must be made in writing to the athletes, and the ORGANIZATION or ORGANIZER or the TEST DIRECTOR must obtain the respective science.

11.1. If the communication is emergency, in order to prevent the communication from being made in writing, the notice must be given verbally by the TEST DIRECTOR or, as a last option, by a TEST FISCAL guided by the TEST DIRECTOR, who must ensure that all athletes and STAFFs receive the same information.

12. In the event of adverse weather conditions and / or for safety reasons, the ORGANIZATION may cancel and / or change the route or race during its course, without prior notice and without charge.

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13. In cases of risk to the life of any athlete, journalist, support team or STAFF, the TEST DIRECTOR may trigger the rescue, to be carried out by the ORGANIZATION, by the Fire or Military Police or Ambulance, as the case may be.

13.1. The burden of redemption must be borne by the rescued person.

13.2. The ORGANIZATION or ORGANIZER will only carry out the rescue if there are adequate security conditions for the rescuer and rescued. Otherwise, the Fire Brigade, Military Police or Ambulance must be called.

14. The instructions contained in the RACEBOOK are sovereign, unless there is a change to be communicated by the EVIDENCE DIRECTOR, in the form of item 11. The EVIDENCE DIRECTOR must plan, as much as possible, to avoid the need to change information printed on the RACEBOOK.

15. BRIEFING will be held on the date and time previously designated by the ORGANIZATION, and it can take place on a virtual medium, provided that everyone's access is guaranteed.

15.1. The BRIEFING may be re-transmitted to the team or athlete who justifiably did not appear on the designated date and time, at the discretion of the ORGANIZATION, to be defined in the proper regulation of the event.

16. All persons who work at the event, such as STAFFs, TEST DIRECTOR or any other person in the ORGANIZATION, must wear an identification, recommending a t-shirt or vest, in order to differentiate themselves from the athletes and support teams.

IV. THE RULES

17. The tests that fulfill the following conditions will be considered valid for scoring in the CBCA CIRCUIT and the final one of COPA BRASIL.

- a. Routes that require navigation via map and compass guidance;
- b. Minimum of three modalities for long races, which are mandatory: trekking, mountain biking and canoeing; and two for short races, of which mandatory: trekking and mountain biking.

18. Canoeing is characterized by the use of non-motorized floating boats and oars. In case of doubts, the ORGANIZATION must consult the CONFEDERATION on the type of vessel and oars that

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it proposes to offer to the athletes, with the CONFEDERATION being exclusively responsible for the approval or disapproval of the proposal, justifying its decision.

19. Canoeing is recommended for the non-participating events in the circuit and for the shortest distance (usually aimed at beginners) of the participating events, if present in the event in question. If it is not feasible, it can be replaced by another aquatic modality, such as swimming.

20. In the canoeing modality, it is the obligation of the ORGANIZATION to supply the boats and oars, which must have similar performance among themselves, and should, in case of doubts, consult the CONFEDERATION in the form of item 18.

20.1. The ORGANIZER may allow ATHLETES to take their own boats, provided that they perform similarly to those provided by the ORGANIZATION, in which case the ORGANIZATION must grant a discount on the registration of the race.

20.2. The use of own oars will be at the discretion of the ORGANIZATION, and should be included in the race's own regulation.

21. The PCs will be previously indicated by the ORGANIZATION or ORGANIZER, and must already be plotted on the maps when they are delivered to the athletes or have their coordinates informed by the ORGANIZATION or ORGANIZER in RACEBOOK or, still, be informed to the teams during the race.

22. The team must pass through the PCs in numerical sequential order and in the modality indicated in RACEBOOK, unless another order is expressly informed by the TEST DIRECTOR.

23. PCs can be:

a. Face-to-face: there will be a STAFF or TEST FISCAL present at the location noting the passage of the teams; or

b. Virtual, as indicated in the RACE BOOK.

23.1 The passage of the teams in the virtual PCs will be confirmed by photo, electronic system like SI-Card or similar or perforation card. For the use of other methods of verification, the ORGANIZATION must expressly consult the CONFEDERATION that will authorize or not the requested method, justifying its decision.

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24. The team that does not pass through one or more PCs according to the form of item 22, will be disqualified, unless the ORGANIZER or ORGANIZATION signals on RACEBOOK if it is an optional PC.

25. If the PC is not in the location plotted on the map (for example, if it is lost or has been placed in the wrong location), the team must go through the place where it should be as represented on the map, recording its passage through using a photo, giving notice of the fact and proving your ticket to the race director at the next TA or Arrival, who will validate the ticket.

25.1. A PC in the wrong location will be considered to be one that is placed within a radius greater than 100m from the location indicated on the map, where it should be, as measured with a GPS device.

25.2. The race director will be able to check the team's passage through the PC site by consulting the tracking device carried by the team, making sure that the team has been in the correct place.

25.3. If the PC has been placed in the wrong place, different from the one indicated on the map, the team that locates it must mark their ticket, in the form of item 23.1, which is considered valid.

26. The team may only have contact with its SUPPORT TEAM at the ATs or places designated by the ORGANIZATION at RACEBOOK or by the TEST DIRECTOR at BRIEFING.

26.1. The team that contacts any SUPPORT TEAM outside the authorized locations will be disqualified.

27. CUTTING schedules and instructions must be expressly defined in RACEBOOK and will bind Teams that do not reach the PCs within the stipulated time.

28. THE TEST DIRECTOR may redefine the CUT times or create new CUTS on the occasion of the BRIEFING, before the start and during the race, whenever he deems necessary, and must take all possible measures so that the CUTS created during the race are informed to athletes, preferably in writing, in order to minimize problems with the adequacy of their race strategies.

29. The team, regardless of classification, must pass through the ARRIVAL LINE.

V. OF MANDATORY EQUIPMENT

V.I.. MANDATORY EQUIPMENT PER TEAM

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30. The TEAM must carry the following items, throughout the course of the race

- a. 01 knife / pocket knife with a maximum of 10 cm blade;
- b. 01 map provided by the organization;
- c. 01 first aid kit determined in item 34;
- d. 01 compass for couples; 02 compasses for quartets;
- e. 01 digital photo camera for long tests.

V.II. INDIVIDUAL MANDATORY EQUIPMENT

31. Each competitor must wear the following items individually, throughout the course of the race:

- a. 01 whistle;
- b. 01 emergency blanket (thermal blanket);
- c. 01 flashlight;

V.III. MANDATORY EQUIPMENT BY MODE

32. In the MOUNTAIN BIKE modality, each competitor must wear the following items individually, during the entire course of the modality:

- a. 01 bicycle;
- b. 01 helmet;
- c. 01 red flasher (strobe light) rear.

33. In the CANOEING modality, each competitor must individually wear a life jacket, which must be worn and buckled throughout the course of the modality.

V.IV. FIRST AID KIT

34. The first aid kit must contain, at a minimum:

- a. Antiseptic - ointment or spray;
- b. Antihistamine or antiallergic;
- c. Gauze (1 packet);
- d. Adhesive tape (1 roll);

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- e. Bandage (1 roll);
- f. 5 g of salt or Rehydrat or SUUM or Similar;
- g. 01 pair of latex gloves.
- h. Water sterilizer: hydrosteril, chlorin or similar or iodine.

V.V. SUGGESTED EQUIPMENT

35. The ORGANIZER or ORGANIZATION can recommend the following equipment, among others:

- a. Watertight bag for storing equipment;
- b. Waterproof map holder;
- c. Altimeter;
- d. Backup batteries;
- e. Backpack with hydration system;
- f. Windbreaker or Anorak type jacket;
- g. Medicines in common use, such as painkillers and anti-inflammatory drugs.
- h. Odometer, for exclusive use on the bicycle;

V.VI. PROHIBITED EQUIPMENT

36. The carrying and use of the following equipment is prohibited:

- a. GPS, GPS Watches, Pedometer, or any other equipment to aid navigation, track record, distance meter or that shows the distance and / or location, with the exception of the odometer for exclusive use on the bicycle.
- b. Letters or maps not provided by the organization;
- c. Weapons;
- d. Night vision equipment;
- e. Cell Phone, with the exception of the device required by the ORGANIZATION or ORGANIZER, which must be sealed and turned off during the entire race.

36.1. Exceptionally, the ORGANIZATION may authorize the carrying of devices for recording the route, provided that they are properly sealed and with penalty of disqualification in case of violation of the seal.

36.2. The ORGANIZATION may authorize the use of the devices listed in items "a" and "e" for the short tests, and must be included in its own regulation.

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36.3. The ORGANIZATION may add a ban on equipment in its own regulations, provided that they do not conflict with the mandatory equipment provided for in these GUIDELINES.

37. The checking of the mandatory equipment can be performed at any time, by any person in the ORGANIZATION of the race.

VI. FORMATIONS

38. Formations of teams participating in the events, recognized by the CBCA for participation and scoring in the Circuit, are:

- a. Mixed Quartets - teams formed by four athletes, of which at least one is of the opposite sex to the others;
- b. Men's Doubles - teams formed by two male athletes;
- c. Mixed Doubles - teams made up of two athletes, at least one of whom must be female. That is, female pairs will compete with mixed pairs, considering that they have the same formation.

39. The SOLO and DOUBLE FEMALE formations are not recognized by the CBCA for participation and scoring in the circuit and in the Final CBCA, but can be offered by the organizers.

40. The ORGANIZATION may choose to enroll the SOLO and DOUBLE FEMALE formations in its race or in its own circuit, aware that they will not participate nor will they count points in the circuit and in the Final CBCA.

VII. AWARDS AND RANKING TABLE

41. The prizes in each event will be offered at the discretion of the ORGANIZATION or ORGANIZER.

42. The score of the RANKING TABLE will be applied to be previously disclosed by the CBCA together with the circuit's annual agenda.

43. In the event of a tie in the Regional Qualifiers or Championship Final, the tiebreaker criterion will be the highest number of best classifications, with the highest number of first, second, third places and so on being counted.

44. Each formation will have its specific ranking.

45. All teams that complete the race, even with a cut, will score for the ranking.

46. The team that is disqualified will not score for the ranking.

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VIII. PENALTIES

47. The team that:

- a. To carry any prohibited equipment listed in Title V.VI (OF PROHIBITED EQUIPMENT);
- b. Fail to pass or record your passage through any checkpoints, You will be disqualified except those listed as optional in the respective RACEBOOK;
- c. Fail to pass the PCs in their numerical order or the one determined in the respective RACEBOOK;
- d. Use any means of transport not authorized by the ORGANIZATION;
- e. Use any map not authorized by the ORGANIZATION
- f. Degrade the environment;
- g. Has unsportsmanlike attitudes towards any person involved in the EVENT, whose decision will be up to the REFEREE;
- h. Stop crossing the ARRIVAL LINE;
- i. Exceed the time limit for completion of the test established by the ORGANIZATION;
- j. If you fail to help any person, whether or not involved in the EVENT;
- k. Count on the help of a guide or local resident who knows the region of the race to move around, with mere verbal instructions from passers-by during the route.
- l. One or more PCs are not visited together by all team members, except when expressly authorized by RACEBOOK or TEST DIRECTOR;
- m. Do not observe the modality indicated in the RACEBOOK;
- n. Any of the athletes alter or remove the equipment of the event (ex: checkpoints, flags, markings, zebra tapes).
- o. Carry out tolls in the canoeing mode, except if expressly authorized by RACEBOOK or by the TEST DIRECTOR.

48. The lack of any mandatory equipment listed in Title V (OF THE MANDATORY EQUIPMENT) and the spacing of the athletes of the same team in more than 100m from each other may give rise to a time penalty, at the REFEREE's discretion, and the penalties should be set out in the specific regulation of the test.

48.1. The regulation of the race regarding the penalty mentioned in this item is silent, the penalty will be disqualification.

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49. The ORGANIZER may authorize that part of the route is completed in a different way from that indicated in the RACEBOOK, and such authorization must appear expressly in the respective RACEBOOK or be disclosed in BRIEFING by the TEST DIRECTOR.

50. The ORGANIZER can authorize the team's athletes to separate in certain situations, and such authorization must be expressly included in the respective RACEBOOK or be disclosed in BRIEFING by the TEST DIRECTOR.

51. Tolls are prohibited, unless expressly authorized by RACEBOOK or by the TEST DIRECTOR, in emergency situations.

52. The ORGANIZER or ORGANIZATION may foresee in its PROOF RULES a time discount penalty for the offending teams, at its discretion, observing the minimum rules of this regulation and except in the cases provided for in item 4747.

IX. REFEREE

53. CBCA may designate a REFEREE to accompany the EVENT, the ORGANIZER is responsible for accepting or refusing the indication.

53.1. If the CBCA does not appoint an arbitrator, or the ORGANIZER does not accept the nomination, the functions of the arbitrator will be accumulated by the EVALUATION DIRECTOR.

54. The REFEREE is the person responsible for enforcing these GUIDELINES and the regulation of the event, and must ensure the sporting spirit of the sport and intervene whenever necessary.

55. The designated REFEREE must be a person with notable experience as an athlete or organizer of adventure races, as well as having no conflict of interest with any of the participating teams and always acting with impersonality, exemption, impartiality and common sense.

56. The REFEREE will be responsible for:

- a. supervise the application of these Rules and the rules of the event;
- b. apply and supervise the fulfillment of these GUIDELINES and the TEST REGULATION by the ORGANIZATION or ORGANIZER, its STAFFs and the participating athletes;

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- c. decide cases in which these GUIDELINES or the rules of the event are omitted;
- d. assist the EVIDENCE DIRECTOR in making decisions during the EVENT;
- e. decide any complications during the EVENT that compromise or impair its result;
- f. decide on the application of penalties to the teams;
- g. decide the resources brought by the teams.

X. RESOURCES

57. Teams that feel harmed by the result of the test will make their Appeal within 30 minutes after the result is announced;

58. The REFEREE will receive the appeal if it is filed in a timely manner; or reject it if brought out of time.

59. Upon receiving the Appeal, the REFEREE will notify the ORGANIZATION of its interposition, which, in turn, will suspend the result of the EVENT until the decision is made.

60. The REFEREE may collect information from whomever it deems necessary for the delivery of its decision.

61. The REFEREE shall, in order to instruct the appeal:

- a. collect the information from the EVIDENCE DIRECTOR about the object of the appeal;
- b. listening to the captain of the teams involved in the contested issue;
- c. listen to the people cited in the appeal or the demonstrations, or whoever deems it necessary.

62. At the end of the investigation phase, the arbitrator must render his decision within 2 hours of the appeal being lodged.

62.1. In the event the deadline is insufficient for the perfect instruction of the appeal, when, for example, but not only, a field trip to check the parties' allegations is essential, the arbitrator may extend it for up to 3 (three) calendar days, counted from the filing of the appeal.

62.2. The decision to extend the deadline must be substantiated and communicated to the interested parties and the organization, an opportunity at which the arbitrator will inform them of the date and time when the decision will be made and disclosed.

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63. The decision should contain:

- a. report: description of the facts and the investigation phase;
- b. Rationale: explanation of the reasons and possible provisions of these Regulations used to resolve the Appeal;
- c. device: declaration of PROVENANCE or IMPROVEMENT of the Resource, including the new result or its maintenance.

64. The REFEREE's decision will be sovereign, definitive and unappealable.

65. The decision will be immediately announced to all interested parties, and the ORGANIZATION must call a new podium, if applicable, even if the previously awarded athletes are absent.

66. The decision should be published on the CBCA official website and in your profile on social networks, as soon as possible.

XI. FINAL DISPOSITIONS

67. Every event participating in the CBCA circuit must contain the official logo of the CBCA in all the promotional material of the event.

68. CBCA will be entitled to use and reproduce all photographic and video images produced before, during and after the event, for commercial or media use, without imposing any burden on the organizers, sponsors or the media.

69. Organizers interested in participating in the CBCA circuit must complete the form to be made available and published on social media, to evaluate the application for the stages.

69.1. The registered events must mandatorily offer a long race, over 100km, the distance of which will be at the discretion of the ORGANIZER; and a short race of about 50km, the distances of which must be informed at the time of registration and approved by the CBCA.

69.2. People involved in mapping the course of the race will not be able to dispute it.

69.3. Teams linked to or with the same name as the Organization of the event may compete in the event, provided that there is not, among its members, a person who has helped in the planning of the route.

70. The competition participating in the final of the Brazilian Adventure Racing Championship will be chosen by the president of the CBCA, who will excel in the rotation of the locals and organizers.

71. These GUIDELINES will be regularly assessed, as necessary.